# CLINICAL AND T ATIONAL SCIENCE



Degree Offered: Doctor of Medicine/Master of Science Dual Degree

# **Program Description**

This program is operated by the Clinical and Translational Science Institute (CTSI) of Southeast Wisconsin. The mission of the CTSI is to develop an integrated, shared home for clinical and translational research and to establish a borderless, collaborative, and investigator/ community/patient - friendly, research environment. The CTS MD/MS dual degree program fit with the CTSI's strategic goals of providing quality education and training to cultivate the next generation of clinical and translational researchers.

The MD/MS in Clinical and Translational Science Program is designed for students who wish to pursue a medical career with a research focus. During the first two years of the dual degree program, students complete the basic science coursework for the MD degree. In addition, dual degree students take some coursework to meet the requirements for the MS degree. MS degree coursework emphasizes clinical study design, biostatistics, and research methods, and provides students with an opportunity to conduct a mentored research project. Some coursework meets the requirements for both degrees. Students engage in their research projects during the summer between the first and second years of study and subsequent research electives during the third and fourth years of medical school.

Upon entering the dual degree program, students have a designated faculty advisor who will provide guidance in the program and assist them in identifying an area of research that is of interest to them. During the first year of the program, students will have the opportunity to explore a wide range of research options and to identify a research mentor with whom they will work.

#### Admission Requirements

In addition to the general Graduate School admission requirements , this program has additional specific requirements.

To enroll in the MD/MS program, applicants must first be admitted to the Doctor of Medicine program.

# Fields of Study

MS degree coursework emphasizes clinical study design, biostatistics, and research methods, and provides students with an opportunity to conduct a mentored research project.

## Credits Required to Graduate

36 credits

## **Program Credit Requirements**

The MD/MS in Clinical and Translational Science consists of 36 credit hours. 27 credits are from required courses, 9 credits are from thesis hours. The program is designed to be completed in four (4) academic years.

# Required Courses

10226 Regulatory Issues in Human Subject Research Protections. 3 credits. There is no question that the fruits of research have fueled medical progress. Yet, the history of research involving human subjects is not unblemished. Federal regulations, based on ethical principles set forth in the Belmont Report, now govern much of the research undertaken in the United States. In this course, we will explore the history and substance of research regulations in the United States, the application of the regulations to specific research issues, and situations where the regulations do not provide clear guidance.

Alternate to 10226: GLHE 29239 Ethics and Global Health. 3 credits This course will be in the intersection between bioethics, global public health, and international biomedical research and practice. It will look at global health issues and their ethical challenge from the perspective of culturally diversity communities and their local experience related to health and health care. This course engages in a debate of the main ethical issues of clinical practices in health care and research institutions and health care actions in glo bal health. It aims to provide students resources and practical skills to handle ethical dilemmas and lead decision making processes in clinical contexts, related to research with human subjects, healthcare delivery, and public health policies. To achieve this goal, this course is divided into two parts: First, it examines the foundational structures of bioethics, letting them to be challenged by pluralistic worldviews. Second, it discusses ethical dilemmas and concrete clinical situations in which students challenged to lead decisionmaking processes in order to deal with moral stress and to address ethical dilemmas, at the same time that high ethical standards are considered. In addition, participants will be exposed to firsthand data from ethnographic participatory action research in global health and challenged to read authors that show especial consideration for the voices and experiences of vulnerable and historical marginalized populations.

18165 Principles of Public Health Data and Epidemiology. *3 credits.*This course examines public health data and epidemiological concepts, including foundations of epidemiology, practical applications of public health data and epidemiology, core measures in public health, descriptive epidemiology, sources of data, study designs and data analysis, communicating data, informatics, disease transmission and prevention, morbidity and mortality, screening tests, infectious disease causation, environmental health, and social, behavioral, and psychosocial epidemiology. The course emphasizes practical application of concepts and skills learned related to accessing, analyzing, and communicating public health data. The course provides the student with an understanding of the distribution and determinants of health and dis ease in population groups. The course provides the foundation for many other courses in the MPH program.

**18209 Community Health Assessment and Improvement.** *3 credits.* 

Recommended: 18203 Public Health Administration

This course covers the central concepts of community health assessment and improvement. Students will review public health concepts from a public health systems and practice

perspective. The course will focus on public health essential services 1 and 2. St udents will obtain an understanding of the public health system, community health assessment and the health improvement process using selected frameworks. The course will focus indepth on learning about the Mobilizing for Action through Planning and Partnerships (MAPP) frameworks and application of selected components to course projects. In addition, this course will provide the foundation for future community health planning and evaluation courses by building on the content of the public health administra tion course using a public health practice perspective.

20101 Introduction to Clinical and Translational Science. 3 credits.

The goal of this course is to help students understand the foundations of translational science, develop an understanding of the benefits and difficulties associated with translational research, and to understand and evaluate the role of interdisciplinary and team science in translational research. Coursework will include weekly reading of peereviewed manuscripts, assignments, and a final project. Weekly classes will include discussion of reading and assignments are designed to allow practice of critically reading and planning translational science projects. The course will meet once per week for a total of 18 weeks.

## 20120 Introduction to Health Disparities Research. 3 credits.

The course is an introduction to health disparities. By the end of the course, the student will be able to understand the relationship between inequities in social determinants of health and health outcomes in various populations. Coursework will include weekly readings from one textbook on multicultural medicine and health disparities as well as peer -reviewed articles to demonstrate the concepts in real- world experiences. Weekly classes will include discussio n of readings. Course projects will be assigned and are designed to allow practice of critically reading and appraising the literature related to applied health disparities research and also to understand the theoretical bases for health equity research. The course will meet once per week for a total of 18 weeks. Students must choose between this course or Introduction to Health Economics.

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# **20201** Introduction to Epidemiology. 3 credits.

This course is designed to provide epidemiology research methodologies to clinical practical applications. Topics include diagnostic testing, meta -analysis, qualitative research, data collection and survey design. Students will learn to apply research methodologies to large data sets or populations, while understanding the reliability, and validity of their methods.

#### 20220 Clinical Statistics I. 3 credits.

This is an introductory course in evidence discovery that demonstrates the concepts and application of statistical techniques/tools, given the role of statistics as an information science. The course is intended to inform and provide quantitat ive skills for graduate students interested in undertaking research in clinical medicine, epidemiology, public health, translational and biomedical sciences. This course emphasizes the basic dogma of statistics namely the central tendency theorem as well as sampling as the core of statistics. With the characterization of statistics as descriptive and inferential, the descriptive arm of statistics is stressed in this course namely summary statistics. Basic probability concepts are covered to stress the impor tance of sampling prior to reliable inference from the sample data. Sample estimation of the population and the precision (confidence interval) are described as well as the hypothesis testing notion in inferential statistics. The parametric and non-

experience related to health and health care. This course engages in a debate of the main ethical issues of clinical practices in health care and research institutions and health care actions in global health. It aims to provide students res ources and practical skills to handle ethical dilemmas and lead decision making processes in clinical contexts, related to research with human subjects, healthcare delivery, and public health policies. To achieve this goal, this course is divided into two parts: First, it examines the foundational structures of bioethics, letting them to be challenged by pluralistic worldviews. Second, it discusses ethical dilemmas and concrete clinical situations in which students are challenged to lead decision- making processes in order to deal with moral stress and to address ethical dilemmas, at the same time that high ethical standards are considered. In addition, participants will be exposed to firsthand data from ethnographic and participatory action research in globa. I health and challenged to read authors that show especial consideration for the voices and experiences of vulnerable and historical marginalized populations.

### 20290 Research Elective. 3 credits.

Students will select a mentor of their choice and will develo p a novel research study using either their mentor's data or publicly available data to answer their question. Mentors will be expected to guide students and to serve as a content expert to effectively provide feedback and ensure adequate scientific rigor is achieved for their projects. Course deliverables by the last day of this course are comprised of a two -page literature review, a one- page abstract of their research project progress thus far, along with a scientific poster as it currently stands. Both the abstract and poster will also be submitted at the medical school SAMS poster day during the Fall term. Students will meet with their research mentor on a predetermined regular basis over the course of 9 weeks during the summer.

#### 20299 Master's Thesis. 3 credits.

A total of 6 master's thesis credits is required for program completion. All students will complete a master's thesis describing a translational or clinical research project in which he or she participated in both the design and execution. The Committee will be comprised of a thesis mentor and two additional faculty members (one of whom is a biostatistician). The Committee will approve the project in advance, will provide guidance and supervision of the project, and will critique and, if appropr iate, approve the thesis.

#### 20302 Research Seminar. 3 credits.

The goal of this course is to provide Master's students protected time to develop their thesis questions and to provide students with an opportunity to receive feedback on their thesis project a t regular intervals in a structured format. By the end of the course students will be able to develop a research question, conduct a comprehensive literature review, select appropriate methods to answer the research question, and present their findings in written and oral formats. This course will also teach students how to provide constructive criticism and to effectively evaluate the work of their peers. Coursework will include developing a systematic review, providing constructive critiques of the work o f other students in the seminar, developing a PowerPoint presentation, and developing a scientific poster presentation. All MS students will be required to take the course. First year Master's students will develop their research question, complete a thoro ugh literature review of the topic of interest in the form of a systematic review, and begin to identify methods that will be used to answer their research question. While second year students will conduct the necessary steps to answer their research quest ion, write their results and conclusions, and prepare an oral presentation of their thesis work to be presented before their colleagues at the end of

the semester and during MCW student research day. All students will be expected to provide feedback to their classmates and will receive feedback from their peers and the course director. Each class period four students will present some aspect of their project and will receive feedback from peers and the course director.

**42100** Introduction to Precision Medicine. 3 credits.

Introduction to Precision Medicine offers 10 applied learning sessions led by directors of PM Education courses. Students initiate a professional development plan and write and present reports explaining PM concepts, demonstrating research in practice, and judging the validity of PM information.

42170 Medical Genetics, Undiagnosed, and Rare Diseases. 3 credits.

Prerequisite: 42100 Introduction to Precision Medicine

Medical Genetics, Undiagnosed and Rare Diseases allows students examine the application of genomics to core clinical systems and applying that knowledge to personalized management of patients. Experts in their respective fields will guest lecture in several sessions.

## Required Courses as Needed

20002 Master's Thesis Continuation. 0 credits.

This is a form of registration available to students who have completed all of the required coursework, including thesis credits but have not yet completed the writing of the Thesis. Continuation status is limited to three consecutive terms following the completion of Thesis credits.

Contact information: gradschool@mcw.edu | (414) 955-8218